

2021 Cornerstone Studio IN-PERSON Health & Safety Protocol For Hybrid Classes

CAPACITY LIMITS

We are allowing a maximum of 4 students per class with 1 instructor.

CLASS LENGTH & MASKS

Classes will run for a maximum of 45 minutes per session because we know that exposure time and ventilation are critical factors in limiting the spread of COVID-19, based on dance-specific research from national organizations in our field. Dancers and teachers are both required to wear masks, forced air from heating/cooling will be disabled, we will have a certified HEPA air purifier running, the front door of the studio will remain open at all times for fresh air, and dancers will be limited to an assigned space on the dance floor and/or barre to maintain social distancing.

HEALTH MONITORING

Our public office will remain closed, and parents/relatives/guests* will not be allowed to enter the studio. A series of COVID-19 screening questions will be asked and contactless temperature checks will be taken of each dancer and staff member before entering the facility. A contactless hand sanitizing station will be at the front entrance, and participating dancers will only be allowed to bring in their dance shoes, a small bag *if necessary* (no bigger than a drawstring backpack), and a disposable water bottle. Dancers will need to come dressed for dance class, with hair neatly secured away from the face, etc. Dancers will not be allowed into the studio until less than 5 minutes before class and will be asked to exit promptly when class ends.

Masks will be required at all times.

**Dancers ages 6 and under may have help from a parent/guardian to change into their dance shoes or go to the bathroom inside of the dance studio before class. Parents/guardians accompanying their dancers will be asked the same screening questions and have their temperatures taken as well. Only 1 parent/guardian will be allowed inside of the studio at any given time.*

STERILIZATION

In between classes, we will have a full sterilization routine of all touched surfaces, with particular attention given to the ballet barre, doorknobs, light switches, cubbies, the bathroom, and the dance floor. Staff members will be equipped with proper PPE to wear for any cleaning procedures they are required to do.

TEACHING CONSIDERATIONS

Teachers will also remain in their designated space throughout the entire duration of a class, and there will be no hands-on corrections. There will also be no partner work, limited floor work, and no across-the-floor exercises. Heavy cardio conditioning will be limited or avoided to reduce the transmission of sweat droplets and excessive respiration. For tips on dancing with a mask on, please visit <https://www.cornerstonestudio.com/covid-19-resources>.

TRAVEL POLICY

All dancers returning from out-of-state travel are asked to exclusively attend their dance classes virtually, rather than in-person, for a minimum of 14 days after their trip. We also ask that you make the same consideration if your dancer or family has any interaction with several people outside of your immediate household and mask-wearing or social-distancing is not practiced.

We share this protocol with you so that you can best evaluate if in-person hybrid classes make sense for your dancer. We know that the in-person experience presents its own set of unique challenges, but also recognize that some students have even greater challenges when exclusively learning in a virtual environment.