

## Cornerstone Studio IN-PERSON Health & Safety Protocol For Hybrid Classes

### CAPACITY LIMITS

We are allowing a maximum of 4 students per class with 1 instructor.

### CLASS LENGTH & MASKS

Classes will run for a maximum of 45 minutes per session because we know that exposure time and ventilation are critical factors in limiting the spread of COVID-19, based on dance-specific research from national organizations in our field. Dancers and teachers are both required to wear masks, forced air from heating/cooling will be disabled, we will have a certified HEPA air purifier running, the front door of the studio will remain open for fresh air flow as weather allows, and dancers will be limited to a taped-off space on the dance floor and/or barre.

### HEALTH MONITORING

In addition, our public office will remain closed, parents/relatives/guests will not be allowed to enter the studio, and contactless temperature checks will be administered to each dancer and staff member before entering the facility. A hand sanitizing station will be at the front entrance, and participating dancers will only be allowed to bring in their dance shoes to change into, along with a disposable water bottle. They will need to come dressed for dance class, with hair up if necessary, etc. Cubbies will not be available for the storage of items during class time. Dancers will not be allowed into the studio until less than 5 minutes before class and will be asked to exit promptly when class ends. **Masks will be required at all times.**

### STERILIZATION

In between classes, we will have a full sterilization routine of all touched surfaces, with particular attention given to the ballet barre, doorknobs, light switches, and the dance floor. Staff members will be equipped with disposable gloves to wear during any cleaning procedures they are required to do.

### TEACHING CONSIDERATIONS

Teachers will also remain in their designated space throughout the entire duration of a class, and there will be no hands-on corrections. There will be no partner work and limited floor work, if any. Heavy cardio conditioning will be limited or avoided to reduce the transmission of sweat droplets and excessive respiration.

*We share this protocol with you so that you can best evaluate if in-person hybrid classes make sense for your dancer. We know that the in-person experience presents its own set of unique challenges, but also recognize that some students have even greater challenges when exclusively learning in a virtual environment.*